WOMEN **DEVELOPMENT CELL**

Awareness Programme

Women Development Cell of a Student Welfare Committee in collaboration with IQAC organised An Awareness Programme on Stress Management through Yoga on 22nd December 2022 at Seminar Hall – I of SDM College Ujire at 3.15 pm. Dr. Geetha B. Shetty, Professor and Dean, Department of Nutrition and Physical Therapeutics, SDM College of Naturopathy and Yogic Sciences was the Resource Person. More than 150 members participated in the programme. It was highly appreciated by participants and the faculty members of various departments. Dr. Mahesh Kumar Shetty H, Co-ordinator of Student Welfare Committee, Ms. Malini Anchan, and Ms. Vijetha Pai, Co-ordinators of Women Development Cell were Present (Activity ID: 28309).



(Autonomous), Ujire-574 240, Dakshina Kannada, Karnataka State



SRI DHARMASTHALA MANJUNATHESHWARA COLLEGE

(AUTONOMOUS), UJIRE-574240

(Re-Accredited by NAAC at 'A' grade with CGPA 3.61 out of 4)

STUDENTS' WELFARE COMMITTEE

In Collaboration Will

TOAC

Organises

An Awareness Programme

on

"STRESS MANAGEMENT THROUGH YOGA"



Resource Person:

Dr. Geetha B. Shetty

Professor & Dean,

Dept. of Nutrition & Physical Therapeutics

SDM College of Naturopathy and Yogic Science, Ujire

Date: 22/12/2022

Venue : Seminar Hall - I

Time: 03:15 PM

All Are Cordially Invited

IQAC

STUDENTS' WELFARE COMMITTEE

Co-ordinators WOMEN DEVELOPMENT CELL













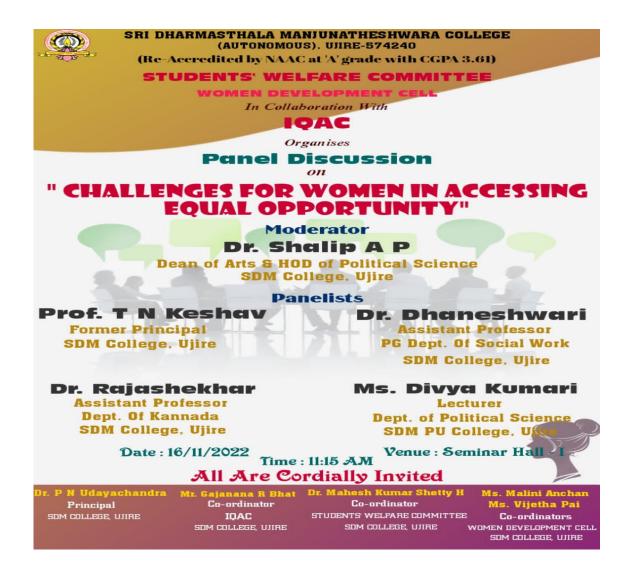
Programme

Women Development Cell of a Student Welfare Committee in collaboration with IQAC organised a Panel Discussion on "Challenges for Women in Accessing Equal Opportunity" on 16th November 2022 at Seminar Hall – I of SDM College Ujire at 11.15am. Dr. Shalip A.P.Dean, Arts and Head of the Department of Political Science, SDM College Ujire was the Moderator and Prof. T.N. Keshav, Former Principal,



(Autonomous), Ujire-574 240, Dakshina Kannada, Karnataka State

SDM College Ujire, Dr. Rajashekar, Assistant Professor, SDM College Ujire, Dr. Dhaneshwari, Assistant Professor, P.G. Department of Social Work, SDM College Ujire and Ms. Divya Kumari, Lecturer, Department of Political Science, SDM PU College Ujire were the Panelists. More than 200 members participated in the programme. It was highly appreciated by participants and the faculty members of various departments. Dr.Mahesh Kumar Shetty H, Co-ordinator of Student Welfare Committee, Ms. Malini Anchan, and Ms. Vijetha Pai, Co-ordinators of Women Development Cell were Present(Activity ID:27981).





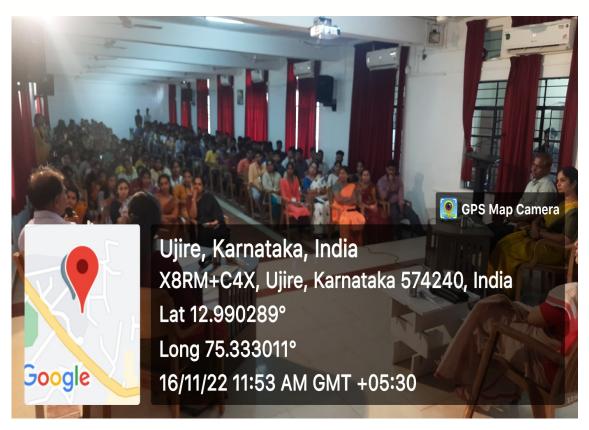












A Guest Talk

Women Development Cell of a Student Welfare Committee Celebrated Sister Niveditha Jayanthi and organised a special talk on "Role of Women in Country's Development" on 28th October 2022 to commemorate Sister Niveditha at Seminar Hall – I of SDM College Ujire at 2.15pm. Dr. Shalip A.P.Dean, Arts and Head of the Department of Political Science, SDM College Ujire was the Inaugurator and Ms. Sridevi, Public Speaker, Puttur was the resource person. More than 200 members participated in the programme. It was highly appreciated by participants. Dr.Mahesh Kumar Shetty H, Co-ordinator of Student Welfare Committee, Ms. Malini Anchan,



(Autonomous), Ujire-574 240, Dakshina Kannada, Karnataka State

and Ms. Vijetha Pai, Co-ordinators of Women Development Cell were Present(Activity ID:27865).













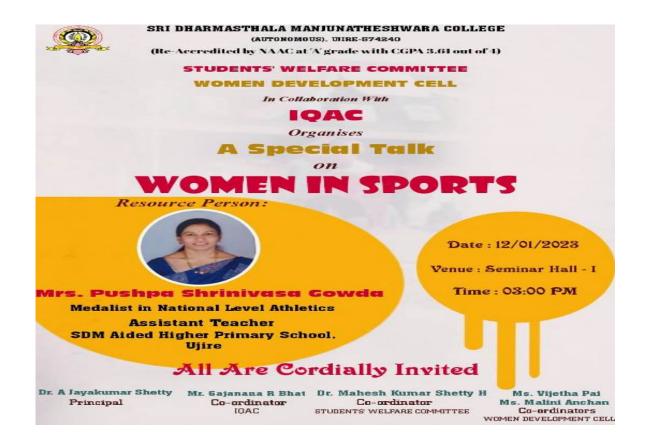








Women Development Cell of a Student Welfare Committee in collaboration with IQAC organised A Special Talk on "Women in Sports" on 12th January 2023 at Seminar Hall – I of SDM College Ujire at 3.15pm. Mrs. Pushpa Shrinivasa Gowda, Medalist in National Level Athletics and Assistant Teacher, SDM Aided Higher Primary School, Ujire was the Resource Person. More than 150 members participated in the programme. It was highly appreciated by participants. Dr.Mahesh Kumar Shetty H, Co-ordinator of Student Welfare Committee, Ms. Malini Anchan, and Ms. Vijetha Pai, Co-ordinators of Women Development Cell were Present(Activity ID:28720).

















Best Practices

Women Development Cell of a Student Welfare Committee in collaboration with IQAC and Global Hunt Foundation organised Online Training Programme on Menstrual Health and Hygiene on 31st December 2022 at Seminar Hall – II of SDM College, Ujire at 2.30pm through Zoom Platform. Ms. Megha Kaushik, Manager Global Hunt Foundation was the resource person. More than 100 students including Staff members participated in the programme. It was highly appreciated by participants. Ms. Vijetha Pai and Ms. Malini Anchan, Co-ordinators of Women Development Cell were Present(Activity ID: 28493).

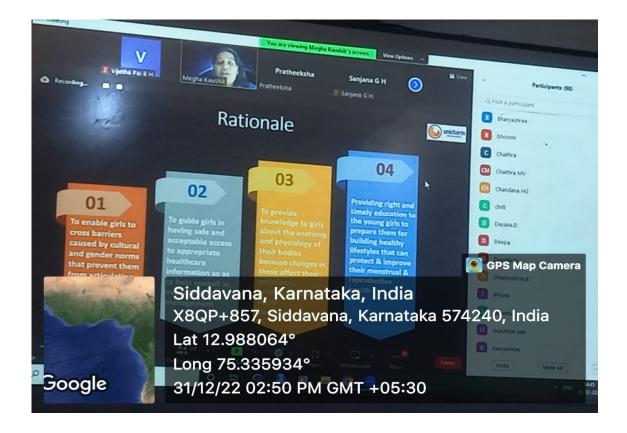


(Autonomous), Ujire-574 240, Dakshina Kannada, Karnataka State









Women Development Cell of a Student Welfare Committee in collaboration with IQAC organised An Awareness Programme on Dietary Management for Anemia on 5th January 2023 at Seminar Hall - I of SDM College Ujire at 10.15 am. Dr. Geetha B. Shetty, Professor and Dean, Department of Nutrition and Physical Therapeutics, SDM College of Naturopathy and Yogic Sciences was the Resource Person. More than 200 members participated in the programme. It was highly appreciated by participants. Ms. Malini Anchan, and Ms. Vijetha Pai, Co-ordinators of Women Development Cell were Present (Activity ID: 28494).



(Autonomous), Ujire-574 240, Dakshina Kannada, Karnataka State

